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WE'RE STILL SENDING
CHRISTMAS CARDS **PAGE 14**



'Tis the season to be gluttonous

Experts offer advice on how to
contain the damage of
overeating during the holidays
PAGE 19

Bike count numbers are in

Peace Bridge bike counts
peak at 15K, drop to 2,000
weekly trips in worst of winter
weather **PAGE 8**



RUSH-HOUR SHUTDOWN

Calgary commuters were forced to make a slight course deviation after mechanical issues forced the closure of the south LRT line between Chinook and Victoria Park LRT stations Monday. Riders were asked to board shuttle buses, like the ones seen here at the Chinook Station bus loop, in order to get to their destination. Repairs on the line were expected to be complete Monday night.

JENNIFER FRIESEN/FOR METRO

Province OKs \$21M in tuition increases

Market modifiers.
Opposition says
government 'should
be ashamed'



**JEREMY
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Ten Alberta post-secondary schools will begin charging more for tuition in 25 programs next year, after the province announced a sweeping approval of proposed market-modifier hikes Monday.

Students in engineering, law and the graduate business administration program at the University of Calgary will pay more as will those in Mount Royal University's nursing, science and business administration offerings.

Among city colleges, Bow Valley learners in the health-care aide certificate program, technician diploma and practical nurse diploma will pay more, as will those enrolled in the two bachelor-degree programs — fine arts and design — at the Alberta College of Art

and Design.

All told, the approvals will rake in an additional \$21 million for a sector that has seen its budgets slashed heavily in recent years.

The province tossed just one proposal, submitted by the University of Lethbridge, which appeared to violate provincial guidelines because it called for an across-the-board hike. In 2010, the last time the province was game to consider such hikes, just six of 24 programs were approved.

Alberta Advanced Education Minister Don Scott reiterated Monday that the market-modifier program aims to correct "market anomalies" that see an Alberta institution charging less than a peer institution for a comparable program.

But Rachel Notley, Alberta's NDP leader, said the province "should be ashamed," especially given that officials pledged the 2010 modifiers would be a one-time increase. She said Premier Jim Prentice has been doing a "Chicken Little routine" in warning about diving oil prices recently and questioned how the province

would diversify education in the province by making it more expensive for incoming students.

"It's going to promote inequality," she said. "Only the sons and daughters of wealthy, old Albertans are going to be able to afford these kinds of tuitions and take on this kind of debt."

But Scott noted in an interview that the increases affected less than one per cent of the 2,950 post-secondary programs in the province — they will, however, impact eight per cent of students province-wide.

The minister said he travelled around the province to talk with institutions before making final decisions.

"There's a lot of challenges out there right now," he said. "I want students to have a great experience in Alberta and part of that great experience is having access to quality programs at institutions — and I believe that's going to be a direct result of the approvals that were given today."

**FOR MORE DETAIL AND REACTIONS TO
THE TUITION HIKES, SEE PAGE 6.**

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Charges. Parents of battered aboriginal girl 'hurting'

A few days before a six-year-old girl was found battered and near death on an Alberta reserve, she was singing and smiling at her school Christmas concert.

The aboriginal girl had been missing for almost two hours Saturday when family members discovered her outdoors on the Paul First Nation near Duffield, west of Edmonton.

Various media reports have said she was naked in the snow in the woods.

RCMP arrested a man known to the girl later that night. James Clifford Paul, 21, faces charges of attempted murder, aggravated sexual assault and kidnapping.

Shane Pospisil, a co-manager of the Paul band, visited the girl and her parents Sunday at the Stollery Children's Hospital in Edmonton, where she was listed in critical but stable condition.

He said the child in the hospital bed looked nothing like the one he saw so happy, wearing a fancy dress at the concert last week.

"I just remember a girl that was smiling from ear to ear and I recall her sitting on Santa's knee," Pospisil said Monday.

He said her parents are devastated and staying by her bedside. Several native elders are also at the hospital, praying she'll pull through.

"They're hurting right now big time, as I think all of us are who know the little girl," said Pospisil, choking back tears. **THE CANADIAN PRESS**

Community rallies around young Enzo

Stolen medication.

People, businesses and groups take the time to help out family of sick boy after theft



JEREMY
NOLAÏS

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Everything from medication to rib dinners with all the fixings were offered up to a Calgary family with a sick tot who were victimized in a vehicle theft spree last week.

On Sunday, Metro first reported the incident, which saw a thief or thieves make off with the contents of a medical bag intended for two-year-old Enzo Kent-O'Neill. Young Enzo suffers from heart defects that cause him to stop breathing dozens of times each week and he's routinely forced to visit the hospital.

As such, mother Rachael O'Neill kept a bag in the car filled with the 14 medications he takes daily, equipment designed to force air into his lungs and other items, like gift cards for the restaurants near the hospital.

Sometime late Tuesday or early Wednesday, Enzo's medications were stolen and some of his medical equipment was destroyed. Police even found the young's boy superhero cape that he wears to the hospital in a muddy puddle.

After reading about the O'Neill family's struggle to replace the items, numerous individuals, businesses and com-



Enzo O'Neill's Christmas is looking a whole lot brighter now thanks to the generosity of friends and complete strangers. The tot's medicine and medical equipment were stolen last week, but local groups have offered to help replace it.

JENNIFER FRIESEN/FOR METRO

munity groups approached Metro on Monday in hopes of helping the family.

Mark Elderkin, a pharmacy operations manager at a Calgary Co-op in the city's southeast, phoned up Rachael himself and offered to help replace the stolen medications.

"It's Christmastime and you're looking for ways that you can brighten somebody's day and make it a little bit easier," he said. "When I saw a young child with missing medication, being a father myself, it kind of touched my heartstrings, pulled on them a little bit."

He added, "It's not just about the business side of

things and selling prescriptions and making money — we like to make a difference in people's lives."

Rachael said Patrick Walsh Lancaster Ventures Corp. also got in touch with her as did a local church group.

She added that the Rotary Flames House had also offered to assist with replacing Christmas presents stolen from the car. The Sarah Faith Hogan Memorial Foundation, meanwhile, set up a fund to support the family and offered to reimburse the costs of equipment that would have been recouped from the province by submitting receipts that had been left in the stolen bag.

One friend even popped by with a full rib dinner Monday afternoon.

"Through everything that we've been going through, the support of the community is the only thing that's kept us going," Rachael said. "One bad apple does something unfortunate (and) everybody else can step in and make a difference."

Help out

You can support the O'Neill family by donating through PayPal to asymptote.friday@gmail.com.

1 NEWS

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Minister not planning to slow school builds over oil slump

'Top priority.' Yet many unknowns remain over \$6.2-billion budget hole



JEREMY NOLAÏS
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Alberta's education minister pledged Monday that he and his colleagues would do "everything we can" to keep school construction projections on schedule despite sharply declining oil prices.

In fact, it was a message Gord Dirks repeated several times during a sit-down interview with Metro.

"What I can say is that schools remain a top priority for this government, and we will do everything we can to deliver on the commitments we've made while living in a fiscally prudent environment," Dirks said.

He said the "desired goal" is to still open doors on Phase 2 schools, including 11 public sites and two Catholic ones in Calgary, in September 2016. He added that "the plan" is to provide funding for Phase 3 schools in 2015.

Dirks did, however, hedge on whether four Calgary communities due for "starter schools" would still see the modular-based facilities ahead of full builds. He said discussions were ongoing with provincial infrastructure officials about the fastest route to put classrooms in those communities: West Springs, Cranston, Aspen Woods and Saddle Ridge.

The Calgary Board of Education recently asked to skip the starter sites. Board trustee Amber Stewart said the facilities would not properly serve the students she represents in Cranston as they would lack proper gymnasiums and learning commons spaces.

But Dirks rejected that notion.

"We've had a number of them here in Calgary over the years, and starter schools have proved to be very good learning spaces," he said. "The history from the past is you commence with the starter school and then the build-out to the full school has come fairly quickly thereafter — and that's been a good approach."

The minister also said that officials from the development industry have indicated to him

Rebuttal

"Starter schools have proved to be very good learning spaces."

Education Minister Gord Dirks, in response to concerns from a CBE trustee

a desire to build schools on the "front-end" of community development.

"What that would mean, how that would actually look, where the dollars would come from, how the costs related to servicing would be shared or spread — all of those things are unknown," he said.

Dirks' comments came in the wake of declining oil revenues that could leave the province in a budgetary hole in excess of \$6 billion.

In an interview Friday, Premier Jim Prentice warned of potential impacts to school-construction timelines.

"We need to look at every project and determine if it gets constructed this year, next year or the year after," he said.

"It's not easy, but (when) you have a \$6.2-billion hole in your budget, I think everybody has to accept there are going to be consequences."



Alberta Education Minister Gord Dirks pledges his government will do "everything we can" to keep school builds on schedule. JENNIFER FRIESEN/FOR METRO

Dirks deflects criticism of his role in GSA discord

In the face of heavy criticism from Alberta's LGBTQ community, the provincial education boss maintained Tuesday that his government's Bill 10 was "designed to ensure" students would be granted the right to establish gay-straight alliances (GSAs).

Even still, Education Minister Gordon Dirks vouched support for a decision by his boss, Premier Jim Prentice, to put a third reading of the measures on hold until the new year.

"It's clear that the public was expressing interest in this matter," he said. "Sometimes, you don't know until a piece of legislation is there that there's actually going to be a significant interest in consultation and conversation on it."

But Bill 10 proved to be the most debated legislation of the fall session and was only introduced after a bill was put forward by Liberal MLA Laurie Blakeman.

While Blakeman's bill

would have required school boards to back the establishment of GSAs, the Tory bill stated only that the education minister would intervene to ensure kids could meet — not necessarily on school property.

On Dec. 4, Prentice took responsibility for the "divisive debate" and pledged more consultation before revisiting the matter in 2015.

Dirks, who had not granted previous interview requests on the GSA matter, said Monday,

"It was certainly the right thing to do to put the bill on pause."

Still, he deemed Bill 10 more "fulsome" than Blakeman's offering.

But Pam Krause, president and chief executive of the Calgary Sexual Health Centre, said Bill 10 suffered from a "clunky mechanism."

"The minister intervening in having it (a GSA) created seems like a huge deal ... whereas with (Bill) 202 it was clearly spelled out that you can

Prevalence

90

Data provided by the province last week identified 90 GSAs in the province, though Alberta Education has cautioned that the data may not be entirely accurate.

have a GSA and no one will get in the way of that," she said.

Dirks said he didn't have a sense of where the GSA debate was "going to land."

"I don't have a projection.... It's too early to tell that," he said. "We're in listening mode — conversation mode — with Albertans."

He also rejected criticism that he'd kept quiet during intense debate in the legislature.

"If anybody had been watching Question Period ... virtually every day, the premier or myself was commenting on the importance of ensuring that we ... support GSAs," he said. JEREMY NOLAÏS/METRO

Charges laid

BMO worker was in on armed bank robbery, police say

A Bank of Montreal employee, initially treated as a victim in a robbery of her workplace, has now been charged in connection with the crime.

Twenty-year-old Kenza Belakziz was one of the seven

employees present during the heist on Nov. 26, which began with three men carrying firearms entering the branch, according to police.

"From our investigation, we have determined that she was involved," said Staff Sgt. Dave Louie.

Belakziz poses in several Instagram photos with Saleem Nasery, who was charged previously in connection with the robbery.

One photo was captioned:

"It's Monday and I have a crush. #mcm #loveyou."

She's the fourth person charged in connection with the robbery, which caused a standoff with police and saw employees locked in a room with their hands bound in zip ties.

Belakziz was charged on Friday with conspiracy to commit robbery with a firearm and six counts of robbery using a firearm.

JENNIFER FRIESEN/FOR METRO

Party merger

Preston Manning sorry for deficient advice to Wildrose

The former leader of the Reform Party says he made a mistake when he advised members of the Wildrose on uniting with the governing Progressive Conservatives.

Preston Manning met last week with the Wildrose

caucus to talk about his experiences before the Reform Party joined the federal Conservatives to form the Canadian Alliance in 2000.

Manning said Monday that he should have recommended more consultation with constituents.

The Canadian Alliance formed only after a "democratic process of discussion with grassroots members, several consultative referendums, large conferences on

principles and policy, a vote on acceptance or rejection by party members," he said in a statement released through the Manning Centre for Building Democracy.

"My failure to strongly recommend a similar process to the Wildrose caucus was a mistake on my part. It was a disservice to those who sought my counsel and to those who have placed their trust in my commitment to democracy." THE CANADIAN PRESS

Forsyth named new Wildrose leader

Defection fallout. With nine former Wildrose MLAs having crossed the floor to the Tories, party names interim leader

After previously stating that she would retire after this legislative sitting, Heather Forsyth, MLA for Calgary-Fish

Creek, has been named the new interim leader for the Wildrose Party.

The decision comes a week after nine Wildrose MLAs, including leader Danielle Smith, crossed the floor to join the Progressive Conservatives, their former rivals.

The party made the announcement Monday afternoon and Forsyth told Albertans that the Wildrose Party will not give up their Opposition status.

"Let there be no question: Albertans did not lose their Opposition," Forsyth said in her opening speech.

The address was made alongside MLAs Drew Barnes, who was named the new caucus whip, and Shayne Saskiw, who has taken on the role of the house leader.

When asked whether or not the Liberals have taken on the Opposition role, Saskiw said that all legislation indicate that in this situation,

Quoted

"Let there be no question: Albertans did not lose their Opposition."

Heather Forsyth, Calgary-Fish Creek MLA and interim leader of the Wildrose Party

"existing official Opposition retains the status provided that they have a leader."

He went on to say that a ruling is expected tomorrow,

and the party is anticipating that they will keep their status.

Forsyth said that "democracy has been swept aside" in the pursuit of power but that the remaining Wildrose MLAs will stay.

As for her tenure as leader, Forsyth intends to stay on until the 2016 provincial elections, at which point a permanent leader of the Wildrose Party will be named.

JENNIFER FRIESEN/FOR METRO



Heather Forsyth
JENNIFER FRIESEN/FOR METRO

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Police seeking attempted robbery suspects

Police are looking for public assistance after a robbery was attempted at a southeast jewelry store last week.

At approximately 12:30 p.m., employees of the jewelry store, located in the 10,000 block of Macleod Trail, watched as two men approached the store carrying a hammer. They quickly locked the door as the men tried to gain access to the store.

The first suspect was described as a white male, 30 to 35 years old, five-foot-nine to

five-foot-11 in height, clean-shaven, weighing approximately 170 pounds, with a medium build and brown hair. He was wearing a dark-coloured hoodie, a dark-coloured coat, a black baseball cap with white writing on the front, and blue jeans.

The second suspect was described as black, approximately 30 years old, five-foot-eight to five-foot-nine, 174 pounds, with a medium build, black hair and a goatee. He was wearing a black baseball cap and a grey hoodie.

A nearby on-duty Alberta sheriff in plain clothes who was in the store at the time confronted the men in the parking lot. After a struggle the offenders fled north-bound on foot, across Willow Park Drive, where a vehicle was idling.

The pair climbed into a silver Honda Accord with black, steel, winter rims on it that was idling in a Toys "R" Us parking lot. Witnesses provided a partial plate of BPF.

The third suspect, the

driver, is described as being of East Indian descent, approximately 30 years old, five-foot-nine to six feet in height, 175 pounds, with a medium build, black hair and a moustache. He was wearing a black baseball cap, a black hoodie and had a dark taupe shoulder bag.

Anyone with information as to the identity of these individuals or about this incident is asked to call police at 403-266-1234, or Crime Stoppers anonymously.

METRO

Calgary airport. 20 baby birds found dead inside traveller's suitcase

Customs agents seized 20 dead baby birds, 100 chestnuts and six bags of homemade cracked wheat and yogurt found in the suitcase of a traveller from Lebanon at Calgary International Airport last week.

The items were first detected by a dog relied on by the Canada Border Services

Agency named Rusty.

Some seeds and fruit were also seized.

"These products have a very high probability of carrying harmful diseases that could potentially cause significant harm to Canada's agricultural industry," officials said in a release.

METRO

Tuition hikes welcomed (not by students)



Levi Nilson with the University of Calgary Students' Union said the "sticker shock" of newly approved tuition hikes at his school and others will steer many away from pursuing a post-secondary degree. METRO FILE

Post-secondary. Alberta students fear they're being forced to cover provincial revenue gap



JEREMY NOLAÏS

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City post-secondary administrators welcomed an early Christmas present Monday as every proposal they put forward to boost tuition was approved.

Students, meanwhile, criticized the actions of the provincial government and questioned whether months of advocacy against the market-modifier hikes had any resonance with those calling the shots.

"To be honest, it shows that student feedback and student opinion and student opposition, generally, has no impact on this decision," said Levi Nilson with the University of Calgary Students' Union.

His group had distributed flyers, held photo shoots and co-organized a rally on the steps of the Alberta legislature in protest of the proposals.

Administrators at the school, however, have provided letters indicating that student societies in both the law and graduate business programs vouched conditional support for the increases in their programs. The school's engineering program will also see a tuition hike, one that the representing student society has remained opposed.

Provost Dru Marshall said U of C executives actually weighed the merits of seven tuition-hike proposals internally before submitting three to the province, which had been stated as the maximum number allowed.

"I would say that the government saw through the arguments we presented," Marshall said in an interview, later adding, "Generally, tuition is one of those things that we have to look at very carefully — students in Ontario and B.C. are paying 45 to 50 per cent of their education, in Alberta they're paying roughly 20 to 25 per cent depending on the school."

Tuition will also jump at Mount Royal University in science, business administration and the school's highly touted

nursing program — the latter offering will officially become the most expensive in Alberta with the increase.

No officials were made available for comment Monday, but vice-president of administrative services Duane Anderson said in a statement "market modification adjustments to tuition are not our preferred course of action" and said a final decision on the hikes would rest with the institution's board of governors. Anderson's statement appeared to echo long-standing concerns from him and other MRU officials who have said the school has never been funded properly since transitioning to a university in 2009.

Erik Queenan with the Students' Association of Mount Royal University said he fears the increases will be used to "compensate" schools ahead of the 2015 spring budget, where it's expected funding for the post-secondary sector as a whole will come in below initial projections.

"If the government isn't funding the universities, they're just going to put it on the backs of students, so I'm not surprised," he said.

Tuition increases school by school

<ul style="list-style-type: none"> University of Calgary Bachelor of Science, Engineering Current: \$5,385.90/year Proposed: \$6,405.90/year 19% increase Juris Doctor (law) Current: \$32,839.68/program Proposed: \$40,839.68/program 24% increase Master of Business Administration Current: \$32,462.40 (program total) Proposed: \$38,462.40 (program total) 18% increase Mount Royal University Bachelor of Business Administration Current: \$4,940/year Proposed: \$6,440/year 30% increase Bachelor of Nursing Current: \$4,940/year Proposed: \$5,940/year 20% increase Bachelor of Science Current: \$4,940/year Proposed: \$5,440/year 10% increase Bow Valley College Health Care Aide 	<ul style="list-style-type: none"> Certificate Current: \$2,317 (program total) Proposed: \$3,007 (program total) 30% increase Technician Diploma Current: \$7,823 (program total) Proposed: \$9,520 (program total) 22% increase Practical Nurse Diploma Current: \$8,843 (program total) Proposed: \$10,234 (program total) 16% increase Alberta College of Art and Design Bachelor of Fine Arts Current: \$4,480/year Proposed: \$5,500/year 23% increase Bachelor of Design Current: \$4,480/year Proposed: \$5,500/year 23% increase University of Alberta Bachelor of Arts, Economics Current: \$5,320.80/year Proposed: \$5,770.80/year 8% increase Bachelor of Science, Pharmacy 	<ul style="list-style-type: none"> Current: \$9,987/year Proposed: \$11,387/year 14% increase Master of Business Current: \$24,439.20 (program total) Proposed: \$34,712.24 (program total) 42% increase Master of Science, Physical Therapy Current: \$18,489.60 (program total) Proposed: \$19,971.84 (program total) 8% increase Athabasca University Bachelor of Commerce Current: \$4,760/year Proposed: \$5,254/year 10% increase University of Lethbridge Faculty of Management Current: \$4,974/year Proposed: \$6,474/year 23% increase Grande Prairie Regional College Animal Health Technology Current: \$8,062 (program total) Proposed: \$9,029.44 (program total) 12% increase
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Kim Fisher, left, and Kayley Mendes cycle across Calgary's Peace Bridge. PAUL FESKO/CONTRIBUTED

Weather affects bike count: Data

Automatic counter. Inductor detects presence of metal bike parts passing bridge

Day-to-day and week-to-week data from Calgary's automated bike counter embedded below the concrete at the foot of the Peace Bridge shows a correlation between weather and cyclist numbers.

Drops in temperature often, but not always, bring drops in ridership, while snowfall tends to put a major damper on the number of people out cycling.

These "ebbs and flows" weren't particularly surprising to cycling co-ordinator Tom Thivner, but he was struck by the absolute number of riders even in the worst of the winter weather.

"Even the coldest week, which was in November when we had the -20 C, we still had 2,000 bike trips happening," he

said.

That's a lot lower than the roughly 15,000 weekly trips the Peace Bridge saw in July, but Thivener described it as "still a significant number" for a period when the outdoor environment was so harsh.

Kayley Mendes, who only began winter cycling this season, found she actually prefers riding in the deep cold than in near-zero temperatures.

"The road conditions are nice because you don't have the salt melting the snow," she said.

When temperatures start warming up, she said snow and dirt and salt mixes into a “really slippery” compound that looks like “an iced cappuccino” and can be up to 13 centimetres deep on the shared-roadway route she takes to and from work.

"That's when I'm most nervous," she said.

Mendes and friend Kim Fisher have been regular cycle-commuters during the spring, summer and fall, and this win-

ter decided to commit to riding year-round.

So far they said it's actually been easier than they expected, on the whole.

"I have a really easy commute compared to Kayley," Fisher said. "My route is mostly pathways, and they're cleared very, very well."

One of the biggest challenges, Fisher added, is the lack of daylight in the wintertime, but investing in a “really bright” headlight helps mitigate that.

Greg McCarthy, who describes himself as a regular winter cyclist but not “as hardcore as some of the guys,” said some city routes are just not well lit enough for cyclists, even equipped with bike lights, to be consistently noticed by motorists.

"There's a lot of areas that have dark corners ... even in the inner-city, which is kind of surprising," he said. "It really is a big, big point when you're trying to cross main streets."

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Drones give farmers a bird's-eye view

Unmanned aerial vehicles. Southern Alberta company offers farmers ability to survey crop lands with cameras in the skies



HELEN PIKE
helen.pike@metronews.ca

The possibilities for tending a farm are sky-high, thanks to a company out of southern Alberta.

With the help of quad-copters, more commonly known as drones, Chris Healy, owner and operator of IN-FLIGHT Data, can survey crop land and gather useful data for farmers.

The data can reveal the

health of the land and reduce chemical spray costs by 25 to 45 per cent and help increase crop yield.

"Once the data's been collected we can give it right to the client," Healy said, adding he is able to survey land, take high-quality images and create stitched-together mosaics.

Thanks to Transport Canada's new regulations, commercial unmanned aerial vehicle (UAV) pilots can take to the skies easier than ever before, but Healy said there are still dozens of regulations he has to follow.

"There are still 58 different criteria we must meet every time we put our (UAV) up into the air," Healy said.

"Included in that are things like being appropriately trained, having the appropriate amount of insur-

ance, making sure you have all the correct land-owner permissions before you go on people's land, those sorts of things."

Healy's family has been in the agricultural industry for generations, and he said for him as a business person, a helpful service like those offered by IN-FLIGHT Data just made sense.

"Farming is in my family's blood," Healy said. "I have a wealth of knowledge I can draw on from my family's background on the agricultural side, and they marry together quite well."

Once growing season is rolling, he hopes to take flight as much as possible, but for now he's just hoping to plant the seed and get farmers thinking about how UAVs can help them.

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Indecent exposure

Cops hunt for southeast flasher

The Calgary Police are looking for the public's help after reports of a suspicious person who exposed himself to a woman and her daughter in southeast Calgary Sunday afternoon.

Police say the man was following a mom and daughter along 83 Avenue and Fairmount Dr. SE. The man called to the woman and exposed himself. He's described as white, five-foot-six, with a slim build, short brown hair and wearing a brown hoodie. **METRO**

The Joyce Foundation

\$5M donation boosts U of C bursaries

The University of Calgary has received \$5-million from The Joyce Foundation to provide bursaries to struggling students.

This is the largest donation for student awards that the U of C has received to date.

"Access to post-secondary education is critical in breaking the cycle of disadvantaged youth and transforming the future of our young people," said Elizabeth Cannon, president of the university. **METRO**

Baby in the back

Man charged in SUV, baby theft

Calgary police have charged a man after Sunday's stolen-vehicle incident in which a baby was taken along with an SUV.

Killick Donnie Hunter, 21, was arrested at the scene after he allegedly stole a GMC Yukon, not realizing the owner's child was in the back seat. Hunter has been charged with one count of motor vehicle theft, operating a vehicle while unauthorized and driving while uninsured. **METRO**

Election. Justin Trudeau promises to be accessible

Justin Trudeau is promising to scrap Stephen Harper's brand of message discipline if he becomes prime minister, giving more freedom to bureaucrats, ditching the scripts for cabinet ministers and making them and himself more accessible to journalists.

The Liberal leader says Harper's penchant for strictly controlling the flow of information — and the select few who are allowed to sparingly dispense it — has led to an opaque, secretive government that is cut off from the citizens it's supposed to be serving.

A spokesman for Harper thoroughly rejected Trudeau's assertions. However Harper's approach to communications makes for bad decisions and an unhealthy democracy, Trudeau said in a year-end interview that included his most thorough comments to date on what kind of standards he would set for communications.

"First of all, it breaks down the kind of trust that should exist between citizens and their government, whether it's through blocking access to information, an unwillingness to



Liberal Leader Justin Trudeau
THE CANADIAN PRESS

actually share data or evidence justifying various decisions, reliance on talking points," he said.

"(It's) not really that citizens don't trust their government but that we have a government that doesn't trust its citizens, which is something that really makes it difficult to have a government that is truly serving the interests of its citizens."

Moreover, Trudeau said Harper's approach "actually leads to poorer decision making and an inability to solve the very big challenges that we're facing." **THE CANADIAN PRESS**



Canadian teacher jailed in Indonesia set to start trial

Police officers escort child sexual abuse suspect Zainal Abidin, centre, before his trial on Monday at South Jakarta District Court in Jakarta, Indonesia. An Indonesian court has sentenced five janitors to up to eight years in prison over the rape of a kindergartner at a prestigious international school in Indonesia. The janitors' sentences were delivered the day before Canadian teacher Neil Bantleman's trial was set to begin in Jakarta. Bantleman, who is also accused of sexually abusing students at the same school, said he finds the janitors' sentence "devastating," according to his family. He has been in custody since July and has maintained his innocence.

PHOTO: TATAN SYUFELANA/THE CANADIAN PRESS
TEXT: THE CANADIAN PRESS

Releasing electronic data may 'create havoc': Minister

Fear of falsification. Minister Tony Clement says that some electronic data could be altered if released

That makes it virtually impossible for the recipient to sort and filter the data to identify patterns and trends.

The Access to Information Act says federal agencies must provide timely access to records in the format requested.

Fred Vallance-Jones, who teaches journalism at the University of King's College in Halifax, said Clement's stance effectively violates the rights of requesters. Vallance-Jones, an associate professor, led a 2014 freedom-of-information audit for Newspapers Canada that yielded inconsistent responses to requests for data from federal agencies.

The replies included paper only, PDF image files, and data in electronic format.

Clement's concern about data manipulation is "specious" because, technically speaking, any federal document — not just a database — could be falsified by someone with ill intent,

Quoted

"That's the balancing act that we have to have, that certain files, you don't want the ability to create havoc by making it changeable online."

Treasury Board president Tony Clement, the minister responsible for freedom of information

Vallance-Jones said.

"I honestly have a lot of difficulty believing that they're making that argument seriously," said Vallance-Jones.

Clement has championed growth of the government's online data portal, encouraging federal agencies to disclose data in easily sortable formats.

However, some data sets cannot be released in a spreadsheet or similar electronic format, Clement said.

"What you don't want is to create a file that can be in some way manipulated and altered, and thereby creating a situation of false information," Clement said. "There's a fear that people

will) manipulate the data and publish it and say, 'This is what the government of Canada is saying,' when in fact it's not the case. That's the problem."

Clement could not point to a specific instance in which federal data had been altered.

It seems the government simply doesn't want some information made public in electronic form, Vallance-Jones said.

"They know that people can then sort it, and filter it, and run it through queries and find things out that they might not want you to find out. And that's the power of data."

THE CANADIAN PRESS

Montreal. Man facing terrorism-related charge

The father of an allegedly radicalized man who faces a terrorism-related charge will testify at his son's bail hearing in Montreal on Tuesday.

Jeffrey Labelle's father is expected to ask the court to release his 21-year-old son into his custody.

Montreal police say Labelle's family tipped them off last week that he had become radicalized.

They searched his home on Friday and say they found a city map that showed the co-ordin-

ates of four different police stations. Police say no direct threats were made and that they arrested Labelle as a "preventive" measure.

Labelle was charged with a Criminal Code provision that allows for the arrest of someone who "commits an act that, in all the circumstances, is likely to cause a reasonable apprehension that terrorist activity is occurring or will occur, without believing that such activity is occurring or will occur."

THE CANADIAN PRESS

Camera in washroom

Man sought thrill of secrets: Lawyer

The lawyer for a man who recorded people using the washroom in his Vancouver restaurant says her client was driven by the thrill of knowing people's secrets, not sexual impulses.

Maegan Richards asked a judge to impose a conditional discharge for Allan Bosomworth, who was the co-owner of Two Chefs and a Table restaurant where he hid a camera in the coed washroom in 2012.

THE CANADIAN PRESS

Hamilton

Man facing fourth trial in murder case

An Ontario man will be tried for a fourth time in September 2016 in the murder of a nursing assistant who was killed 33 years ago in the Hamilton area.

Robert Badgerow was arrested in 1998 and was convicted of first-degree murder several years later, but the verdict was overturned on appeal. In a new trial in 2010 the jury was unable to reach a verdict. Badgerow's third trial also resulted in a hung jury. **THE CANADIAN PRESS**

Dalhousie U closing dental clinic

Dalhousie University's faculty of dentistry is temporarily closing its public dental clinic as part of its response to accusations that male students posted misogynistic messages online about their female peers.

The university in Halifax says it is contacting patients af-

fected by the decision to close its clinic until Jan. 12.

It says the step is one of several measures being taken so that patients, students, faculty and staff are able to return to classes and clinics in a safe and supportive environment.

University president Ri-

chard Florizone has said 13 men in the fourth-year of the dentistry program were members of a Facebook group where comments were posted.

To deal with the postings he has announced a restorative justice process, which is an in-

formal and confidential resolution procedure that includes the parties involved.

The university says its dentistry faculty is working on a detailed plan for classes and the dental clinics for the remainder of the winter term.

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Nigeria

Car bomb kills at least 20, injures 60

A car bomb exploded Monday at a bus station in Nigeria's northeastern city of Gombe, killing at least 20 people and injuring another 60, said rescue workers.

At least 20 people were "burned beyond recognition by the bomb explosion," and another 60 were

hospitalized, said Red Cross official Abubakar Yakubu.

The explosion came in the early hours when the station was crowded with holiday travellers, said Deputy Supt. Fwaje Atajiri.

Atajiri would not speculate over who was responsible though the attack bears all the hallmarks of Nigeria's homegrown Islamic extremist group, Boko Haram.

THE ASSOCIATED PRESS

Lethal injection

Arizona to change execution drugs

Arizona officials said Monday they are changing the drugs they use in executions after an inmate in July gasped repeatedly over the course of nearly two hours while being put to death.

Arizona no longer will use the combination of midazolam, a sedative, and hydro-

morphone, a pain killer, according to a letter to Gov. Jan Brewer from Department of Corrections director Charles Ryan. The move comes as states have been scrambling to find new combinations of lethal drugs after European pharmaceutical companies restricted their distribution. Several prolonged executions this year have sparked debate over lethal injections in particular and executions in general. THE ASSOCIATED PRESS

Oklahoma

Federal judge upholds lethal injection protocol

Oklahoma's lethal injection protocols are constitutional and the state can proceed with the scheduled executions of four death row inmates early next year, a federal judge ruled on Monday.

U.S. District Judge Stephen Friot denied a request for a preliminary injunction that was requested by a group of 21 Oklahoma death row inmates who argued the use of the sedative midazolam as the first drug in a three-drug combination the state administers risks subjecting them to unconstitutional and unusual punishment.

THE ASSOCIATED PRESS

Halt debate until after funerals, N.Y. mayor says

Two officers killed.
Shot inside patrol car

New York's mayor called on Monday for protests and political debate to pause until after funerals are held for the two officers who were shot and killed inside their patrol car this weekend by a man vowing retaliation for the deaths of black men at the hands of white police.

The killings came at a time when police nationwide are being criticized following Eric Garner's death in a New York officer's chokehold and 18-year-old Michael Brown's fatal shooting in Ferguson, Mo. Protests erupted in recent weeks after grand juries declined to charge the officers involved. On Monday, a prosecutor said a white Milwaukee police officer who was fired after he fatally shot a mentally ill black man in April won't face criminal charges.

"I think it's important that regardless of people's viewpoints that everyone step back," Mayor Bill de Blasio said in a speech at the Police Athletic League. "I think it's a time for everyone to put aside political debates, put aside protests, put aside all of the things that we will talk about in all due time."

Officers Wenjian Liu and

Quoted

"I think it's a time for everyone to put aside political debates, put aside protests, put aside all of the things that we will talk about in all due time." NYC Mayor Bill de Blasio

Rafael Ramos were ambushed Saturday by a 28-year-old who wrote an Instagram post that he would put "wings on pigs." The suspect, Ishmaaiyl Brinsley, was black; the slain New York Police Department officers were Hispanic and Asian.

De Blasio said it was time to focus on the officers' grieving families; he and Police Commissioner William Bratton met with them Monday.

"There's a lot of pain. It's so hard to make sense of it — how one deeply troubled, violent individual could do this to these good families," de Blasio said. "And I think it's a time for everyone to take stock that there are things that unite us, there are things that we hold dear as New Yorkers, as Americans."

New York Gov. Andrew Cuomo also urged people on both sides to tone down their rhetoric, calling in a WNYC-AM radio interview for "rational, sober conversation" to consider reforms. THE ASSOCIATED PRESS



Glasgow garbage truck crashes into, kills six pedestrians

Emergency services attend the scene in George Square in Glasgow, Scotland, after six people were killed and several others injured when a garbage truck crashed into a group of pedestrians downtown Monday. The truck hit a number of pedestrians as it veered out of control along a crowded road in the city centre, Supt. Stewart Carle of Police Scotland said. DANNY LAWSON/THE ASSOCIATED PRESS

North Korea. Country's online access crippled

North Korea experienced sweeping and progressively worse Internet outages extending into Monday, with one computer expert saying the country's online access is "totally down." The White House and the State Department declined to say whether the U.S. government was responsible.

President Barack Obama said Friday the U.S. govern-

ment expected to respond to the hacking of Sony Pictures Entertainment Inc., which he described as an expensive act of "cyber-vandalism" that he blamed on North Korea. Obama did not say how the U.S. might respond, and it was not immediately clear if the Internet connectivity problems represented the retribution.

THE ASSOCIATED PRESS

Agenda. UN to address N. Korea's human rights

The UN Security Council placed North Korea's human rights situation on its agenda Monday, a groundbreaking step toward holding the nuclear-armed but poor country and leader Kim Jong-un accountable for alleged crimes against humanity.

This appears to be the first time that any country's human rights situation has been

scheduled for ongoing debate by the UN's most powerful body. China and Russia protested the move, the boldest effort yet to confront Pyongyang over the issue.

An angry North Korea, now on the defensive against a U.S. accusation of hacking, has said it would refuse to recognize Monday's meeting.

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Louise Miner says her Rip n Go is removable with just one hand and it helps keep her two-year-old's bed dry at night. JOE LOFARO/METRO

Mom helps keep beds dry

Ottawa. Mother of two invented environmentally friendly pad that will soon be available on Amazon



JOE LOFARO
joe.lofaro@metronews.ca

An Ottawa mom may have the answer to every new parent's prayers.

Louise Miner invented the Rip n Go, a detachable, waterproof, machine-washable absorbent pad that prevents kids from soaking the bed overnight if they wet.

The environmentally friendly product is already available for purchase at select Ottawa stores, but it may soon be more widely available as Miner's business is gearing up for wider distribution with retailers such as Amazon.

Miner, a mother of two from the Ottawa suburb of Orleans, came up with the idea after her second child had bed-wetting problems. She said her very tired husband one night

put a towel down in their daughter's crib to keep it dry, but then she thought there must be a better and safer way.

That's when she designed the Rip n Go, whose best feature is the Velcro seal that keeps the padded sheet in place during sleep. A parent can rip the pad off with one hand and replace it with a fresh pad without having to lift the mattress to change soiled bed sheets.

"At 3 o'clock in the morning, it's the last thing you want (to do)," said Miner.

"It was a huge lifesaver. I wasn't worrying because of something he might do because of his sleep deprivation."

The new company received mentorship support from Invest Ottawa, an economic development agency that helps local startups.

Miner also developed a version for kids aged three to nine years old that comes with matching bedding and pillow case.

There is also an adult version with a fitted sheet that remains in place with elastics under the mattress, so only the top pad needs to be replaced.

U.S. Industry spearheads drone safety campaign

Alarmed by increasing encounters between small drones and manned aircraft, drone industry officials said Monday they are teaming up with the U.S. government and model aircraft hobbyists to launch a safety campaign.

The campaign's website, knowbeforeyoufly.com, advises both recreational and commercial drone operators on FAA regulations and how to fly their unmanned aircraft safely.

The campaign was announced by Association for Unmanned Vehicle Systems International and the Small UAV Coalition, both industry trade groups, and the Academy of Model Aeronautics, which represents model aircraft hobbyists, in partnership with the Federal Aviation Administration.

Retailers say small drones, which are indistinguishable from today's more sophisticated model aircraft, are selling

well this Christmas.

"In just a few days, kids old and young will unwrap presents, and many of them — maybe tens of thousands — will have unmanned aircraft," Michael Toscano, president of the unmanned vehicle association, said in a conference call with reporters. "This technology is very accessible and in very high demand, but information on how to fly safely isn't readily available. That's why we've cre-

ated this safety campaign."

The FAA is concerned that amateurs are using the drones in a reckless manner, increasing the likelihood of a collision that could bring down a plane or rain debris down on people. The agency has been receiving about 25 reports per month this year of drones sighted flying near manned aircraft or airports, up from just a handful of reports two years ago.

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Tree, menorah, lights

Tweets control holiday display

Twitter users anywhere in the world can control the lights on a holiday display in New Jersey.

Tweets will turn on a nine-foot Christmas tree, menorah and over 1,000 LED lights at Oxford Communications in Lambertville and also turn them off.

Tweet #brilliant#twinkle to @Oxmas_Tree to light the display and tweet #figgy pudding to turn them off. THE ASSOCIATED PRESS

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VOICES

XMAS CARDS AGAINST HUMANITY

It's almost Christmas, and you probably forgot to mail out those cards again, which means right about now your friends are probably getting dancing elves in their inbox



PAUL
SULLIVAN
readers@metronews.ca

It's that time of year again.

You know, when you think about sending Christmas cards to friends and loved ones, but as one Canada Post deadline after another sails by, they stay in the box until next year, and they won't get sent then, either.

I'm not exactly sure what keeps them in the box. There are plenty of reasons, even without inertia. And inertia's good enough.

Someone should start Inertia Anonymous.

But Christmas cards are hard work. First, you have to buy them, with all the decisions that implies.

Should they say Merry Christmas and offend friends who aren't Christian, or Happy Holidays and underwhelm everyone, including the non-Christians?

Should they be tasteful or should you go all Thomas Kinkaid, opting for fantasy frost and cozy kitsch and damn the torpedoes?



Should each purchase benefit the world's children?

Should the cards be made of 100 per cent re-chewed pulp?

OK, we've got the cards. Now we have to find actual addresses that require something called "postal codes."

Then we have to decide if we're going to subject everyone to the annual State of Christmas address or just write a cheery greeting followed by the appropriate number of x's and o's. (Signing XXXOOO on the bank manager's card is obvious and embarrassing).

Unless all three of your children gradu-

ated this year from Harvard Medical School, you'll be hard-pressed to keep up with the competition, so it's wise just to jot a thoughtful note, such as: "It's been a long time since we got together. Are you still alive?"

Once you've addressed and written the cards, next come the stamps. If you've been out of the snail-mail slow lane for a while, you're in for a shock: The price of stamps has gone up to a buck apiece.

This is a million per cent increase over last year, when it cost 63 cents. If you send out 20 cards, which you will do according to a Canada Post poll, that's \$20 bucks for just being thoughtful.

Of course, the deadline for getting the cards delivered by Christmas expired in

October, which means you and your friends will be exchanging face-saving Christmas cards well into April.

It's enough to make you give up and send images of creepy dancing elves to all your virtual acquaintances via email, Facebook, Twitter, LinkedIn, Instagram and various other stress-inducing electronic bombardments.

But despite all the nonsense that goes with the cardboard artifacts, Britons send a billion a year, Americans 1.4 billion.

And while that number is down from 1.9 billion in 2009, the generation known as Millennials have shown a heart-warming tendency to include Christmas cards along with vinyl records, robust facial hair and artisanal this or that in their quest for the lost authenticity of the ancients. So I will persevere. Starting with the box I bought in 2009, I pledge to send out cards in time for Christmas 2015. H0H 0H0!

Surviving your family: Booze, Ativan and other tips



REBECCA
KOHLER
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Oh man, it's that time of year again: Christmas! Or Hanukkah! Or whatever word it is you use to define "awkward family gathering."

Don't get me wrong, I love Christmas and, for the most part, I love my family. But there's a reason that when I prepare myself a festive beverage people often ask, "Did you want some egg-nog in that bourbon?"

I need that drink to aid in the circumnavigation of uncomfortable questions, buried family tensions and the fact that I'm now wearing a feather boa because my Aunt Lois thought it was "perfect" for me.

I'm not saying drinking is the answer. Ativan helps too. But if substances aren't your thing, there are other ways to help yourself through the labyrinth of emotional grenades that Christmas Day can bring.

For instance, if you're a woman, you may be asked a lot of questions about your womb.

Few win the next-of-kin lottery

If you have a perfect family with no bad breath or passive-aggressive mothers, then I want you to know how lucky you are.

What's it doing? What's it thinking? It must be so dusty in there! First, you need to let these questions/comments roll off your back as if it were covered in baby oil (an oil you'd know more about if you had a baby!).

Remember, it's a common misconception that all women want/can have babies and your family member is just trying to tap into some common ground.

They don't know that you have reproductive issues, or you're single or that you'd rather eat out of a garbage can than have a kid, so don't get mad or uncomfortable, just deflect. Make a joke like, "My womb is thinking what my stomach's thinking: Where's the turkey?!" Everyone will laugh and you'll distract prying eyes from the

fact that you cry yourself to sleep every night with your cat.

Then there's always the "How's work?" question. This one can really be a stinker.

Maybe you don't like your job, or your job (in the eyes of others) is subpar, or maybe — and this is where family gatherings are really tricky — maybe your job is amazing and you're a millionaire and you just got a promotion, but the cousin who asked you about it is on disability because he got his finger stuck in the fryer at McDonald's.

This is a no-win situation. You don't want to rub success in the nose of the unsuccessful and yet any failure you admit to will be gobbled up by your bitter relatives like a fried schadenfreude hors d'oeuvre.

So what to do? You can try something like, "The best part about work is that we're not there right now. Am I right, Cousin Jimmy?" and then pat him on the back. If he persists, feign stomach cramps and run to the bathroom. Diarrhea shuts everyone up.

And then there's just the family. Your great-aunt with the breath that smells like a dilapidated

tuna factory. Your weird uncle who always tries to kiss you a little too close to the mouth.

There are the nieces and nephews who are so cute for 20 minutes and then you wish you had some Ambien For Kids. The combination of turkey and wine have left you with the inability to move, yet you're stuck on the couch beside your mother who won't stop commenting on how "round your face is looking."

By the way, if you have a perfect family with no bad breath or passive-aggressive mothers, then I want you to know how lucky you are. Go to your holiday gatherings and hug your family extra tight, because you must have won the next-of-kin lottery. I'll bet you have perfect teeth too. How nice for you.

For the rest of us, the question is: Why do we do this? Is it for the gifts? The food? Is it for Jesus? Well, call me a sap, but I think it's for love. Because while all of this sounds awful, and all the people I'm going to see make me want to book an emergency appointment with my therapist, I love them. Does that make love sound gross and weird? Yes! And I wouldn't have it any other way.

HAPPY HOLIDAYS!!!!

Gossip

NED EHRBAR

METRO'S TAKE
ON THE WORLD
OF CELEBRITIES



Mel B ALL PHOTOS GETTY IMAGES

Issues with mom may have led Mel B to mix meds: Source

Whoa. So last week, former Spice Girl Mel B (real name Melanie Brown) missed a taping of the British version of X Factor after heading to the hospital because of stomach pains. But now it turns out that was a bit of a fib.

A source tell Radar Online that Brown "was hospitalized

because she mixed tranquilizers, including Xanax, with alcohol. It was absolutely accidental and not intentional. She wasn't suicidal, but the pressure of being back in London brought a lot of unresolved issues to the surface concerning being estranged from her mother, Andrea,

and the rest of her family."

Dang, source, ease off with the oversharing. You could've just left it at "not intentional." Brown has reportedly been holed up in a London hotel with her daughters since leaving the hospital and has been cleared by doctors to return to the U.S.

A plot twist involving prosthetics sees Pitt pounce on the Hannibal exit

Michael Pitt is apparently all done with Hannibal and won't be returning for the show's third season, but that doesn't mark the end of his character, meat-packing magnate Mason Verger. Pitt will be replaced by Across the Universe star Joe Anderson, and hopefully fans won't notice the difference. I mean, he ended Season 2 doing some pretty grisly things to his own face, meaning lots of stomach-turning prosthetics, so it just might work. Sources say Pitt made the decision to leave the show, probably seeing his character's intense facial mutilation as the perfect



Michael Pitt

opportunity to do so. Oh, and Anderson posted a pretty alarming photo of himself in full Verger makeup on the character's Instagram account, so now we kind of see Pitt's point.

Cox loved Beyoncé's Christmas card like XO

Orange is the New Black star Laverne Cox totally wins the relatability award this year for her perfectly measured and understandable reaction to receiving a Christmas card from Beyoncé. I mean, it's a Christmas card from Beyoncé. Cox posted a shot of the signature to Instagram, explaining, "So when I opened this holiday card a few days ago and read 'Love Beyoncé,' I literally fell to the floor. I was on the floor of my apartment.

I have witnesses." Don't worry, we believe you.

She also writes, "Thanks Bey for the gift" and includes an image of a sweatshirt emblazoned with Cake by the Pound. It's unclear whether the item is said gift — I mean, it would make sense, right? — but the important thing is I would like to know more about this cake by the pound policy. Where do I sign up?



Laverne Cox

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2
SCENE

The women ruled in 2014

The year 2014 solidified something that's been clear for a few years now: When it comes to pop music, the ladies are killing it. Here are the women who rocked the pop music world this year. **LISA WEIDENFELD AND EMILY LAURENCE**

scene@metronews.ca



ALL PHOTOS GETTY IMAGES

Beyoncé

Technically, her album came out in 2013, but it was one of the biggest hits of 2014, giving us all a chance to say "surfbort" to each other and worship at the throne of Queen B. Plus, her new cover of her own Crazy in Love turned the 50 Shades of Grey trailer into something steamy.

Ariana Grande

It was impossible to escape this pint-sized pop-star this year. Her album *My Everything* generated three top tracks: *Problem* (featuring Iggy Azalea), *Break Free* (featuring Zedd) and *Love Me Harder* (featuring The Weeknd), Grande by far proved that her Nickelodeon days are forever behind her.



Taylor Swift

Taylor Swift's reign continued this year with the mega success of her first strictly pop album, *1989*. It debuted at number one and her *Shake It Off* video is one of the most-watched of the year. Her album, plus a massive stadium tour and endorsements helped the 22-year-old earn a cool \$57 million.

Miranda Lambert

Being honoured as CMT's artist of the year wasn't the only accolade Miranda Lambert racked up this year. She is also nominated for four Grammys. If she wins, it will be her first time taking one home since 2010. But don't call it a country comeback — her fans have long been supportive of Mrs. Blake Shelton.



Lorde

Eighteen-year-old Lorde went from singer to producer this year, by curating *The Hunger Games: Mockingjay — Part 1* soundtrack. Including artists such as CHVRCHES and The Chemical Brothers, as well as releasing her own song *Flicker* Beat, got her respect from critics and teen fans alike.



St. Vincent

Singer St. Vincent has come a long way from her time as a member of the Polyphonic Spree. After her much-loved team-up with David Byrne in 2012, she came back with 2014's eponymously titled *St. Vincent*, perhaps her biggest success yet. The album ended up with a Grammy nomination for Best Alternative Music Album.



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Tove Lo

Sometimes, singing about sex clubs and getting high can pay off. It did for Swedish singer Tove Lo, who broke it big in the States this year with her song, *Habits (Stay High)*, which reached No. 3 on the Billboard charts.

Charli XCX

The Dec. 14 SNL musical guest has been around for a few years, penning 2012's megahit *I Love It* for Icona Pop. But this year saw her break through on her own, with *Boom Clap* on the *Fault in Our Stars* soundtrack — a must-have for bookish teens everywhere.



Iggy Azalea

The Florida-by-way-of-Australia rapper had one of the biggest breakthrough years in memory, teaming up with Charli XCX for *Fancy* and Ariana Grande for *Problem*. She also claimed a piece of history: She's the only act other than the Beatles to have her first two Billboard hits rank 1 and 2.



Nicki Minaj

If you've gotten *Anaconda* out of your head even once since you first heard it, we'd be surprised. Minaj scored another huge hit with this track, as well as garnering tons of hits for the sexy/funny music video co-starring Drake. The video set a Vevo record for the most views in its first 24 hours online, with 19.6 million hits.

Five guys who also had pretty good years

The year wasn't all Beyoncé and Iggy Azalea songs. Women may have dominated the music scene, but a few good men had their share of success, too:

Childish Gambino

What started as a cult following transformed into mass appeal this year for rapper (and Community actor) Childish Gambino, who got a Grammy nod for his song, *3005*.

Nick Jonas

This was the year Nick Jonas officially became a man — at least in the public's eye. Unlike brother Joe Jonas (whose solo career flopped) Nick is garnering success with his hit *Jealous*, which reached No. 8 on Billboard and generated 14 million views on YouTube.

Pharrell

If *Happy* seems like the most-played song of the year, it was. It held the top

spot on the charts longer than any other song this year. No wonder he's up for four Grammys.



Sam Smith

Sam Smith was another of 2014's newly minted stars, with his heartbreaker *Stay with Me* filling the Adele-shaped hole in our hearts (for now). Just how successful is he? He popped up in pictures from Taylor Swift's 25th birthday party alongside Jay Z, Beyoncé, and the rest of Swift's posse.

Ed Sheeran

The British crooner can do no wrong these days. 2014 saw him release both *Sing* and *Thinking Out Loud*, as well as contribute to the *Fault in Our Stars* soundtrack. **METRO**



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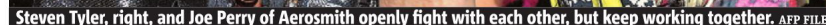
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[illegible]

AFP

Perry said he had fully expected Tyler, who criticized his bandmate in his own book in 2011, to take exception to parts of the memoir that portray the singer as controlling

Perry, raised in a small town in Massachusetts, said he generally stayed with one

Let's all eat, drink and be healthy

Tips. How to enjoy all the yuletide offerings without paying for it in the New Year

There will be a lot of overeating over the holidays.

There are all those high-cal foods that family traditions link to holiday celebrations. Eggnog (cream plus eggs plus sugar plus alcohol). Mashed potatoes whipped with cream cheese and plenty of butter. Gravy. So much gravy.

Given that the holidays are a season of excess and traditional holiday foods are highly calorific, we asked dietary experts how to contain the damage. Specifically: If there is one thing to cut out to make the feasting less excessive, what should it be?

Surprisingly, several of our experts did not advise eliminating a particular food. And a number didn't even frown on the idea of seasonal indulgence. But they did offer some suggestions to contain the calories.

"I'd say that if overeating is ever allowed, that it is allowed for the major festivities that occur a few times a year — provided food intake is controlled the rest of the time," says Thomas Wolever, a professor in University of Toronto's department of nutritional sciences.

Wolever says overeating by 2,500 calories — in other words, doubling an average daily intake — on three days a year can be offset by cutting back 20 calories per day for the other 362 days.

Len Piche suggests focusing on portions and finding low-calorie options.

Savour foods slowly, using smaller servings on smaller plates to help limit the cal-



When you sit down for Christmas dinner, there's a few easy ways to keep it healthy. ISTOCK

ories, says Piche, a nutrition professor at Western University's Brescia University College.

Drink water before a meal. Don't skip breakfast or lunch to focus on a big dinner.

"Trying to 'save yourself' for big meals by skipping meals earlier in the day might backfire. You may develop a ravenous appetite and end up eating more calories than you normally would," Piche says.

Rena Mendelson, a professor of nutrition at Ryerson University in Toronto, also offers some tips that might help you control your calorie intake better at a big holiday meal.

"Before you go to a holiday party, have a bowl of soup and avoid any of the pre-meal treats as they tend to be very high in calories," she says.

Go ahead and indulge

"A weight management program will not be set back by indulging a few times a year — provided discipline is maintained most of the time."

Thomas Wolever, a professor in University of Toronto's department of nutritional sciences

"Eat the main meal and have enough to feel satisfied but not overfed. This may help to limit the dessert course..."

Watch your liquid calories, suggests Dr. Yoni Freedhoff, a professor of obesity medicine at the University of Ottawa.

"If I were to pick one thing to ditch, it would be the sweet stuff as many a home has the tradition of sugary soda for festive meals," he says.

One dietary expert did recommend a food item to cut. And Dr. David Jenkins acknow-

ledges his nomination may qualify him for the role of the Grinch. Jenkins suggests cutting whatever the main meat dish is in your holiday dinner.

It's not that Jenkins thinks it's the least healthy. It's that pulling out the linchpin, so to speak, would fundamentally change our approach to the meal. He thinks with the planet's expanding population, climate change and the obesity epidemic, it's time to start thinking about eating in a more sustainable way.

"It would be a radical change in the 'sit-down-and-gorge' concept that's the centre of Christmas," says Jenkins, a researcher at Toronto's St. Michael's Hospital who studies the effects on cholesterol and health of eating more plant-based foods and fewer processed food products.

"It forces people to think about other options," he says of his recommendation. "They may think, hopefully, of more environmentally friendly options. They may think of more plant-based diets."

"They may, in fact, forgo a large meal and do some snowboarding. ... I think that we've got to start thinking about other things at Christmas than sitting down and getting comfort food."

THE CANADIAN PRESS

3
TIPS

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How ibuprofen may extend your life



The lifespan of the species in the study (yeast, worms and flies), which used ibuprofen, increased by 15 per cent. APF

Study. Researchers looked at the effects of the drug on the lifespan of a range of species and say it may also work for humans

An over-the-counter pain-relieving and fever-reducing drug could lead to a longer and healthier life for many species and possibly humans, too, according to a new study at Texas A&M University (TAMU).

"We first used baker's yeast, which is an established aging model, and noticed that the yeast treated with ibuprofen lived longer," says lead author Dr. Michael Polymenis, a biochemist at TAMU's AgriLife Research station. "Then we tried the same process with worms and flies and saw the same extended lifespan. Plus, these organisms not only lived longer, but also appeared healthy."

The yeast, worms and flies were treated with

ibuprofen at doses proportionally comparable to the recommended dose for humans and increased their lifespan by 15 per cent.

If human lifespans increased by that amount, it would add an extra dozen years of healthy living, according to Dr. Polymenis, who says his experiments on worms indicate good health would be part of the package.

Measurements of worms' thrashing and the pumping movements they made while swallowing under treatment indicated they were thriving in their extra years and not suffering.

Over the course of the three-year study, Dr. Polymenis observed that ibuprofen hinders the ability of yeast cells to pick up an essential amino acid found in every cell of every organism called tryptophan.

Less tryptophan being dissolved into yeast appears to make a difference, but Dr. Polymenis said he isn't sure why yet.

Drugs other than ibuprofen are working, too,

The study

"We first used baker's yeast, which is an established aging model, and noticed that the yeast treated with ibuprofen lived longer."

Dr. Michael Polymenis, a biochemist at Texas A&M University

according to Dr. Brian Kennedy, the president and CEO of the Buck Institute for Research on Aging in Novato, California, who collaborated with Dr. Polymenis.

"Our institute is interested in finding out why people get sick when they get old," says Dr. Kennedy.

"We think that by understanding those processes, we can intervene and find ways to extend human health span, keeping people healthier longer and slowing down aging. That's our ultimate goal."

The study was published in the journal Public Library of Science, Genetics. APF

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1. Preheat oven (10 to 20 minutes) to 325 F (160 C).

2. In large frying pan, heat oil over medium-high; cook onions, whole garlic cloves, thyme and sage sprigs, and half each of the salt and pepper for 6 to 8 minutes, stirring frequently, or until onions are golden and softened. Transfer to plate; cool.

3. In bowl using a wooden spoon, cream together butter, chopped sage and thyme, chopped garlic, and remaining salt and pepper. Transfer 2 tbsp (25 ml) of mixture to a small bowl; set aside. Stir Dijon into remaining mixture.

4. Remove turkey neck and place in bottom of roasting pan. Pat turkey very dry inside and out with paper towel. Brush entire surface of turkey with Dijon herb butter, placing some under skin of breast as well.



This recipe serves 15. PRESIDENT'S CHOICE

Place one-third of onion mixture into cavity of bird. Truss bird to tuck in legs and wings. Place turkey directly in roasting pan, breast side up, and arrange remaining onion mixture in pan around bird. Cover loosely

with foil.

5. Place roasting pan in bottom third of oven. Roast for 20 minutes. Add 2 cups (500 ml) water to the pan. Roast for 18 minutes per lb (500 g) or until meat

thermometer inserted at thickest part of thigh reads 185 F (85 C). Remove foil for last half-hour of cooking to allow skin to brown and crisp. Remove from oven. Carefully transfer turkey to a wire rack set over

a rimmed baking sheet. Tent with foil. Let stand for 20 minutes before carving.

6. Meanwhile, remove neck from pan and set aside. Carefully strain pan juices into a large

Ingredients

- 2 tbsp (25 ml) canola oil
- 2 large onions, peeled and cut in thin wedges
- 10 cloves garlic, peeled
- 4 each sprigs sage and thyme
- 2 tsp (10 ml) salt
- 1-1/2 tsp (7 ml) freshly ground black pepper
- 2/3 cup (150 ml) PC Country Churned Butter - Unsalted, softened
- 1 tbsp (15 ml) each chopped fresh sage and thyme
- 1 tbsp (15 ml) finely chopped garlic
- 1 tbsp (15 ml) Dijon mustard
- 1 PC Free From Whole Turkey, about 6.2 kg, thawed
- 1/4 cup (50 ml) dry white wine
- 2 tbsp (25 ml) all-purpose flour

glass measuring cup; let stand a minute to allow the fat to rise to the top. Discard solids in sieve. Spoon as much of the fat away from strained drippings as possible.

7. Set roasting pan over medium heat. Pour in wine; whisk briskly to get up browned bits on bottom of pan. Once reduced by half, return strained juices and neck to roasting pan. Add juices from under turkey and bring to a simmer. Stir flour into the reserved herb butter; a bit at a time, whisk into simmering turkey jus. Once all butter is whisked into jus, simmer for 3 to 4 minutes or until thickened. Discard neck. Strain again if needed. Pour into a gravy boat and serve alongside carved turkey. **PRESIDENT'S CHOICE**

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Flames trip to L.A. starts with a bit of Hollywood drama

Marian Gaborik of the Los Angeles Kings, left, scores a power-play goal past goalkeeper Jonas Hiller of the Calgary Flames to take a 2-0 lead during the second period at Staples Center on Monday night in Los Angeles.

Go to metronews.ca for the final result and more coverage of the game.

HARRY HOW/GETTY IMAGES

NHL mumps outbreak

Penguins sit out two more

The Pittsburgh Penguins just can't seem to shake off the mumps.

Backup goaltender Thomas Greiss and forwards Brandon Sutter and Steve Downie were sent home on Monday to undergo testing for the virus.

Teammates Sidney Crosby, Beau Bennett and Olli Maatta have already dealt with the illness, which has affected more than a dozen players across the league over the past month.

THE ASSOCIATED PRESS

NBA

"There could be an argument, and a strong argument, to starting our season later."



ABC's NBA analyst Jeff Van Gundy explaining that starting the NBA season on Christmas Day would "avoid a lot of the NFL and college football season." Football is quiet on Christmas, so the NBA loads up with a five-game schedule.

Senators

Capitals' Holtby holds Sens 2-1

Braden Holtby made 38 saves, Jay Beagle and Nicklas Backstrom scored second-period goals, and the Washington Capitals extended their point streak to nine games with a 2-1 win over the Ottawa Senators on Monday.

Washington has won three in a row and is 7-0-2 in nine games. Holtby has been in net for all of them.

Craig Anderson stopped 21 shots for Ottawa. The Senators are 3-3-1 since Dave Cameron replaced Paul MacLean as head coach.

THE ASSOCIATED PRESS

Bulls run wild over Raps in 4th

49 points. Six-game road trip starts with a bitter taste of their own late-in-the-game style for Toronto

Derrick Rose scored 29 points, Jimmy Butler added 27 points and 11 rebounds, and the Chicago Bulls snapped the Toronto Raptors' six-game winning streak with a 129-120 victory on Monday night.

Rose scored 15 of the Bulls' franchise-record 49 points in the fourth quarter.

Chicago, who has won three straight, got Rose and Taj Gibson back after each missed two games. Rose was ill and Gibson was out with an ankle injury.

Rose's jumper over Kyle Lowry put the Bulls up 106-100 with 4:12 left. He put away the game with a



Chicago Bulls guard Derrick Rose shoots as the Toronto Raptors' Terrence Ross, centre, and Amir Johnson defend on Monday, in Chicago. The 129-120 loss broke Toronto's six-game winning streak.

CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

3-pointer to make it 118-105 with 1:17 left.

Lowry scored 34 points and Jonas Valanciunas finished with 20 for Toronto, which led by 12 in the third

quarter. Lowry scored 18 points in the fourth.

After Lowry's runner gave the Raptors a one-point lead, Chicago scored six to make it 100-95. Rose

and Joakim Noah had back-to-back baskets and Nikola Mirotic capped it off with a pair of free throws before Raptors coach Dwane Casey burned a timeout with the Chicago crowd on its feet.

Mirotic finished with 12 points and Aaron Brooks had 17 points off the bench.

James Johnson put the Raptors up 80-68 with 6:35 left in the third quarter, but the Bulls scored eight unanswered to tie it in the final minute of the period. Pau Gasol found Gibson for an alley-oop dunk to tie the game at 80.

James Johnson finished with 16 points for the Raptors.

The Raptors began a six-game road trip on Monday after playing a league-high 17 home games.

Lowry had a follow shot with 0.1 seconds left to give the Raptors a 66-60 lead at the half.

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Sens rookie Lazar named captain of Canadian juniors

'Very honoured'. B.C. centre regarded as an upbeat competitor

Curtis Lazar has every reason to be smiling.

The always good-humoured Ottawa Senators rookie on Monday was named captain of Canada's junior hockey team for the upcoming world championship in Toronto and Montreal.

"I'm very honoured to have this opportunity, and I'm going to take full advantage of it and go out there and play hard for my country," Lazar told reporters at a hockey charity event in Montreal. "I know there's a lot of responsibility that comes

along with this, but I'm just going to try to take it in stride and be myself."

Canada's coaching staff gave Lazar the news Monday morning, shortly after the team arrived in Montreal from Ottawa, where Canada beat Sweden 5-2 in an exhibition game on Sunday. True to character, the Salmon Arm, B.C., native was grinning from ear to ear when he was told.

"As usual, I was smiling," said the 19-year-old, who was drafted 17th overall by the Senators in 2013. "It's pretty cool. I didn't know it was coming. Anyone could have it. I'm very honoured that my peers and my coaching staff think very highly of me."

"I'm a pretty positive guy for the most part. I'm always smiling and trying to keep the guys light. I like to lead by example. I really focus on little details, and I think that goes a long way."

"I want unity within the dressing room. Regardless of where you're from in Canada, we're part of a team now. No one is bigger than the team."

Lazar, who has a goal and six assists in 27 games with Ottawa this season, was lent to Canada by the Senators last week. He is one of seven returning players from last year's tournament in Malmo, Sweden, where Canada finished fourth.

One year later, Lazar is



Curtis Lazar speaks during a team availability in Montreal, Monday. Lazar has been named captain of Canada's national junior hockey team.
GRAHAM HUGHES/THE CANADIAN PRESS

Quoted



"They're great young men, they want to win, they're

great hockey players and they want to make a difference. This is what you need in your leadership group."

Team Canada head coach Benoit Groulx on captain Curtis Lazar and alternates Connor McDavid and Sam Reinhart

thinking of redemption.

"I was disappointed with how we played last year and the result we got," he said, looking back on Canada's semifinal loss against Finland,

and the defeat to Russia in the bronze-medal game. "Second chances don't come around too often. We're fortunate to have this chance."

Connor McDavid of the Erie

Otters and Sam Reinhart of the Kootenay Ice will serve as alternate captains for the tournament, which officially gets underway on Dec. 26.

McDavid and Reinhart also

represented Canada at the 2014 junior championship and were teammates at the 2013 under-18 world championship, where the Canadians won the gold medal. **THE CANADIAN PRESS**

Next big thing gets top marks for his character



According to some hockey insiders, Connor McDavid's skills are matched only by his character. DAVID VAN DYKE/METRO IN TORONTO

Will Connor McDavid be better than Sidney Crosby? Could he possibly be better than Wayne Gretzky?

While the hockey world is having that debate now with the world junior hockey championship coming up, these questions weren't what preoccupied Mark Seidel two years ago in Drummondville, Que. The veteran scout was entranced by the coming and goings of a 15-year-old McDavid playing at the world under-17s.

Anyone and his grandmother could see how special McDavid's on-ice talents were, but it wasn't what he did on the ice that had Seidel transfixed. It was off the ice where McDavid's stature grew in the scout's eyes — how the phe-

nom interacted with young fans, some in wheelchairs.

"Body language is a big thing with me," says Seidel, a talent evaluator for nearly two decades. "I like to see how people interact to see if they're legit or whether they're coached up, or what they are like when the cameras are off."

What he saw from McDavid, who was talking and playing with developmentally delayed kids, impressed him.

"You could see he genuinely enjoyed interacting with young kids," Seidel adds. "He was just a guy. He wasn't looking for cameras. You got the sense that he really enjoyed being there. He wasn't doing it because he thought he should or it was his duty. It was just

Earning respect

As for that November fight that left McDavid with a broken hand, well, the anti-fighting crowd didn't like it, but within hockey circles it earned the Otters star high marks.

- "He's a guy that will solve his own problems," talent evaluator Mark Seidel says. "He's not looking at the bench for help. He's not a self-entitled kid."

the right thing to do."

That, more than his play, is the story of McDavid.

Sure, the 17-year-old for-

ward will be the centrepiece of Canada's offence at the world juniors, starting Boxing Day in Montreal and Toronto. Sure, he'll likely be the No. 1 pick for some lucky NHL team, a face of the franchise and cornerstone to build on. But it's the combination of hockey skill and character — unselfish, humble — that draws comparisons to Crosby and even Gretzky.

"I've had a lot of players with a lot of ability that I wish had more character," says Sherry Bassin, GM and owner of McDavid's OHL club, the Erie Otters, "and I've had a lot of players with a lot of character that I wish had more ability. You put them both together, you get Connor McDavid."

TORSTAR NEWS SERVICE

You'll be inundated with coverage of the Connor McDavids, Jack Eichels and Curtis Lazars of the world juniors for the next couple weeks, but who should you watch for when the best of the best aren't on the ice? Here are a few up-and-comers to keep an eye on when the tournament starts Boxing Day.



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STEVE RUSSELL/TORSTAR NEWS SERVICE

Max Domi, forward, Canada

Max Domi, like his father Tie, isn't the biggest guy on the ice. But he has possessed an ability to produce offensively throughout his entire junior hockey career with the London Knights. He's also formed instant chemistry playing on a line with Anthony Duclair, who has appeared in 18 games for the NHL's New York Rangers this season. Early in the pre-tournament games, those two players have arguably been Canada's best up front.

5

Dark-horse players to watch at the WJC

Kasper Kapanen, forward, Finland

Drafted 22nd overall by the Pittsburgh Penguins in June, Kasper Kapanen, the son of former NHL forward Sami Kapanen, has represented Finland before on the international stage, but never in the world junior championship. He missed that opportunity in 2014 due to injury. The Finns are the defending gold-medal champs, but are expected to be led offensively by Kapanen, who is having a breakout year in SM liiga.



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Mirco Mueller, defenceman, Switzerland

The Swiss may not garner much attention in this tournament. But they do have a defenceman with NHL experience in Mirco Mueller, who has played in 24 games with the San Jose Sharks. Like his team, Mueller, taken 18th overall in 2013, might not be as well-known because of the country he plays for, and there's plenty more talent in this tournament. He's had international experience before, with three points in five games at a U-18 competition.



CHRISTIAN PETERSEN/GETTY IMAGES

NATHAN DENETTE/THE CANADIAN PRESS



Ilya Sorokin, goalie, Russia

Not sure if he counts as an unknown figure in this tournament after the pre-tournament performance he had against Team Canada, but Russian goalie Ilya Sorokin joined the Russian camp from the KHL. Drafted in the third round by the New York Islanders, he was not among the goaltenders for Russia at last year's tournament. Though if he plays like he did in a 52-save effort against Canada last week, it will be difficult to beat the Russians.

Thatcher Demko, goalie, United States

Thatcher Demko didn't get the chance to play in a game for the U.S. junior team in last year's competition, but he could certainly challenge for the starting role in 2015. Drafted in the second round by the Vancouver Canucks, he stopped all 14 shots faced in the opening half of the first pre-tournament game for the Americans. Many eyes will be on U.S. forward Jack Eichel, who could challenge Connor McDavid to go first overall next June. But strong goaltending could make the U.S. a golden contender.



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See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

Aries

March 21 - April 20

Saturn's influence over the next few days will encourage you to think before you act. If you are going to be ruthless, be ruthless with yourself.

Taurus

April 21 - May 21

Try not to scatter your energy in too many directions because it's unlikely you will be able to maintain the pace. Focus on the one thing that matters most to you.

Gemini

May 22 - June 21

The changes that take place over the next few days will work in your favour in the long term. If you take a risk it may well pay off but don't expect instant profit or pleasure.

Cancer

June 22 - July 23

If someone tries to interfere in your personal affairs you must let them know you're not having it. Sometimes you have to act tough from the start and this is one of those times.

Leo

July 24 - Aug. 23

A breakthrough is about to occur. Your rivals may say you have been lucky but you just worked harder than they did.

Virgo

Aug. 24 - Sept. 23

There is so much you want to accomplish but if you are smart you will set realistic goals, both for this week and for the new year. Take each day as it comes.

Libra

Sept. 24 - Oct. 23

Don't worry if others poke holes in your plans. You don't need anyone's permission to follow your dreams. Go it alone if you have to.

Scorpio

Oct. 24 - Nov. 22

Travel and social activities will be fun over the holidays but the ride won't always be smooth. Plan ahead and give yourself plenty of time.

Sagittarius

Nov. 23 - Dec. 21

Saturn's move into your sign marks the start of a two-year phase that will test you. The good news is you can handle whatever life throws at you.

Capricorn

Dec. 22 - Jan. 20

The tougher the task the more you like it with Saturn moving into the most sensitive area of your chart those tasks won't always be physical. Get your head together and everything else will fall into place.

Aquarius

Jan. 21 - Feb. 19

Don't let others pressure you into accepting an offer you have no way of knowing is right for you. It could mean a lot more work for little return.

Pisces

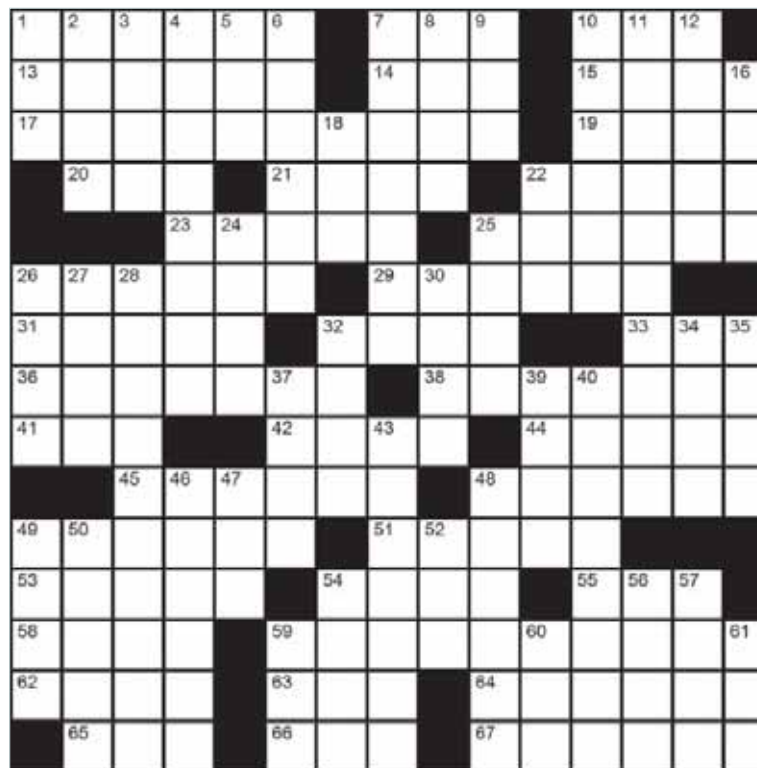
Feb. 20 - March 20

If you find it hard to discuss things in a civilized manner with certain people then the best thing to do is to stay out of their way.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Canadian voicer of Rudolph in 1964 TV classic "Rudolph the Red-Nosed Reindeer", ___ Mae Richards (b.1921 - d.2010)
7. Big name in trucks
10. AOL exchanges
13. "Christmas Is Coming" bit: "Please put a penny in ___ man's hat."
14. Hawaii's Mauna ___
15. Orchestra instrument
17. #1-Across... King Moonracer is a what?: 2 wds.
19. Norway's capital
20. Tic-___Toe
21. Superlative suffix
22. More abundant
23. "___ we all?"
25. Cherry: French
26. Applied lightly
29. Shoe-lace-insertion spot
31. "Must Be Santa" part: "Who wears boots and ___ of red..."
32. Singleton
33. Audi models
36. Far: 2 wds.
38. Crafty Christmas garland material
41. Ship's stern
42. Taken: French
44. Level
45. Resident of The Buckeye State
48. Christmas sleigh



- pullers
49. Actor Ed's
51. Mr. Desman, Canadian singer
53. Category
54. Adjective's friend
55. Bother
58. Speck

59. Festive season exchange: 2 wds.
62. Fragrant flower
63. Wood sorrel
64. Evangeline's home
65. Comedian Tina
66. Atop, in verse
67. Rents again

Down

1. Texter's 'incident-ally'
2. "___ the jack-pot!!!"
3. Ms. Horne
4. Rustic place in the country: 2 wds.

5. 'Percent' suffix
6. Whirled in the water
7. Sparkle like tinsel
8. ___ point
9. Tin
10. Ivory: French
11. Domain of

#17-Across, Island of

12. #1-Across... Toronto-born actor who is #46-Down's voice, Paul ___
16. Legend
18. Mr. Dykstra
22. Faith [abbr.]
24. Network of nerves
25. Mackerel variety
26. Mr. Carvey
27. ___ yet (So far)
28. Frosty the Snowman feature: 2 wds.
30. Slangy positives
32. Scot's 'odd'
34. Christmas ___
35. Grads-to-be, briefly
37. Blood type, ___
39. Snow remover
40. Festival, as in Wintertime
43. To an extent: 3 wds.
46. As per #12-Down... Elf who wants to be a dentist
47. Pique
48. Airplane garage
49. Culture medium
50. ___ Christmas plates
52. Beach structure
54. Naughty or ___
56. Christmas carol: "Sleigh ___"
57. Make a scarf
59. Gunk
60. Frozen pond surface
61. Tank filling

Yesterday's Crossword



Online

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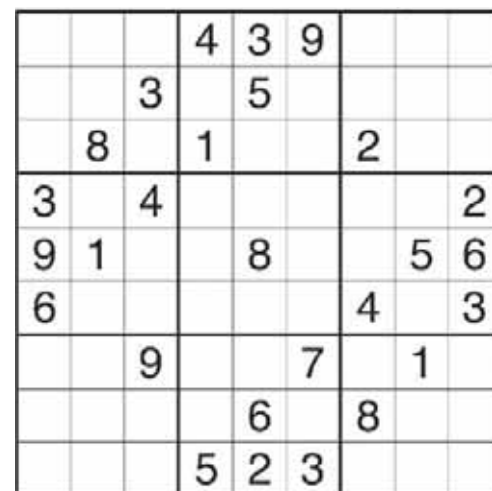


Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

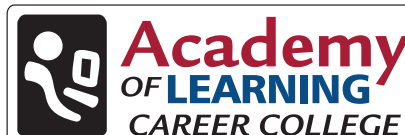
Yesterday's Sudoku



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AFTER SAVINGS

SAVE UP TO \$150 ON SURFACE PRO 3



SAVE
\$150

Surface
Surface Pro 3

• Windows 8.1 Pro OS • 2160 x 1440 HD+ resolution
Web Code: 10246591

12"	4GB	128GB	9 HRS
SCREEN	MEMORY	STORAGE	BATTERY

\$899⁹⁹
AFTER SAVINGS



SAVE
\$70

LG

32" 720p 60Hz LED TV
32LB520B Web Code: 10322870

\$229⁹⁹
AFTER SAVINGS

CHECK OUT OUR ONLINE FLYER FOR **MORE DOORCRASHER DEALS!** **BestBuy.ca**

All products are limited in quantity. No rainchecks. Limit one per household. No dealers. Not valid with any other promotional offer. Not applicable to previous purchases. See in-store for details. Prices and products are valid December 25 through December 28, 2014. Our Lowest Price Guarantee excludes Boxing Day prices (December 24 @ 8pm EST through December 28, 2014). References to savings or sale prices are comparisons to Best Buy Canada regular prices. New release dates are subject to change without notice. Prices and payments are subject to applicable taxes before programming credits. ©Excludes out of stock, clearance, demos, refurbished and open box. ©In-store new activation or renewal required on select 2-year Tab24 plans. See in store for details. Gift with purchase available on a 2-year Tab24 Smart or Max Plan with new activation or renewal. ©Colours may vary by store.

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BOXING DAY

SALE

All products are limited in quantity. No rainchecks. Limit 1 per household.

ONLINE SALE STARTS **8PM** ^(EST) DEC.24 | STORES OPEN **6AM** ^{LOCAL TIME} DEC.26

SHOP EARLY ONLINE!

BOXING DAY SALES STARTS AT 8PM EST, DEC. 24

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